

Dr. Daniel Newman Rising Health

To say that Dr. Daniel Newman is a comprehensive medical practitioner would be an understatement. He is somewhat of an anomaly in the medical world as there is only one other person in the U.S. with similar credentials. Dr. Newman has been a conventional medical doctor since 1981. When he noticed there were limitations in western medicine, he decided to broaden his horizons. First, he acquired his Doctorate of Naturopathic Medicine in 2002, and most recently his Master of Science in Oriental Medicine this past June. According to Newman, "My training in conventional medicine has given me the knowledge and experience I need to diagnose and treat serious disease. The naturopathic background has helped me to assist people in boosting their body's resources to promote self-healing. And, finally, the Chinese Medicine is a beautiful overarching paradigm that allows me to look at patients from an energetic standpoint."

Dr. Newman has been practicing in Vancouver, Washington since 2004. However, when the entire block where his practice was located was being evicted for city expansion, Dr. Newman busily set out to find a new space that he could feel comfortable working in. He found a building in Hazel Dell that

fit the bill and has recently moved his practice. "It's a great new location," says Newman. "We have more space and more flexibility. I'm happy with the mix of practitioners and services we have to offer."

Rising Health is a full-service wellness center with a wide variety of treatment options tailored to each patient. From the moment you walk into the new Hazel Dell clinic you know you are going to be in good hands. Friendly faces greet each visitor, the walls are painted in soothing hues, there is plenty of natural light, and the treatment rooms are comfortable, calming spaces. It is here where Dr. Newman and the other practitioners in the clinic work synergistically to ensure each client's wellness.

Dr. Newman is passionate about helping people feel their best. And unlike many conventional medical doctors, he is a hands-on practitioner. A typical first-time visit includes



a thorough evaluation along with a full physical exam. Instead of having patients fill out the paperwork before arriving, Newman and each patient go over pertinent health information together. "You don't always get the most important details with questionnaires," states Newman. "That's why on each patient's first visit, we spend around two hours going over all the questions in person. I get much better information on a person's health history that way."

On subsequent visits, he is just as scrupulous. It's imperative to him that his patients feel that they matter,

SERVICES OFFERED

Acupuncture • Chinese Herbs
Comprehensive Medical Diagnostic Evaluation
Detoxification • Dietary Counseling
Homeopathy • Internal Medicine
Intravenous (I.V.) Therapy with R.N.s, including Chelation Therapy.
Joint and Soft Tissue Manipulation
Lifestyle Counseling • Nutritional Supplementation
Pain Management • Wellness Optimization • Western Herbs



Dr. Newman's Foundations of Health

Psycho-spiritual health
Healthy diet
Plenty of exercise
Healthy lifestyle habits
Avoiding environmental toxicity
Detoxifying

and that their health needs are being taken care of. Also, he finds that it is very important that he allow himself to be human with the people he works with and for. "Oftentimes distancing happens in the medical community," says Newman. "So it's important that my patients find me approachable and accessible." He's readily available to each of his patients and even takes his own calls after hours. "If any patient needs to reach me, I'm available 24/7," assures Newman.

With all of these disciplines working synergistically together, Dr. Newman has an abundance of information at his fingertips. However, even though he has a lot of sophisticated tools at his disposal, he doesn't lose track of the foundations of health. "The most important things are asking yourself questions like, 'What is my diet like?' and 'What are my lifestyle habits?'" shares Newman. Each of us has a better chance at staying healthy if the foundations of

health are in place. One of the things he wants to avoid is simply replacing one type of treatment with a less toxic treatment. "Being able to get somebody off of a pharmaceutical drug to something more natural is desirable. Still, I'd rather not trade a drug for a supplement. It's better to get the body in a condition where it needs the minimum supplementation."

Dr. Daniel Newman loves more than anything to see people get well. That's why he has spent the last few decades of his life devoted to his practice and to learning. "When somebody comes back and says that something I suggested or something I did for them changed their life for the better, it makes me happier than just about anything in my life."

Rising Health is located at 8301 NE Hazel Dell Avenue in Vancouver, Washington. For more information call 360-696-3800 or visit DrDanielNewman.com.